

Treatment Benefits

- Timely access to care: within 10 business days of receiving referral
- Multidisciplinary team working with each injured worker
- Progress reports every two to three weeks to the WSIB describing current functional status through functional testing
- Frequent/close communication with the WSIB on worker's progress
- Ongoing communication between the treatment team and Surgeons and/or Physiatrist.
- Goal setting with injured worker and the treatment team
- Exceptional recovery and return to work rates

Additional Services as needed:

- Ergonomic Assessment
- Functional Abilities Form (FAF) completion
- Functional Capacity Evaluation (FCE)
- In-Home Assessment
- Medication Review
- Psychology Assessment
- Referral to Function & Pain Program
- Return to Work Advisor Services
- Work site Job Demands Analysis
- Work Site Ergonomic Assessment

If you think these services would benefit your recovery, call your WSIB Case Manager to discuss a referral to our program.

Need More Information?

If you would like to discuss the details of our program please contact us.

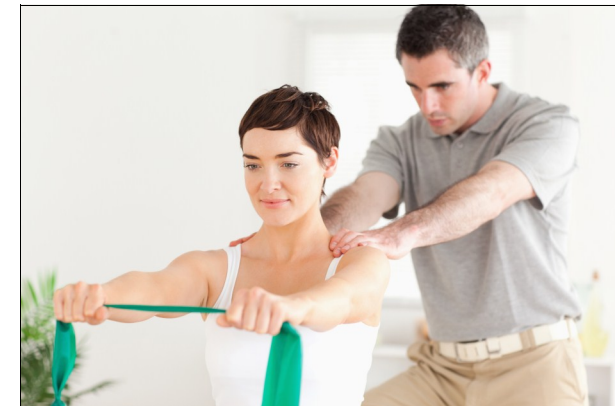
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HSN WSIB Specialty Clinic Treatment Services

Community Care and Rehabilitation
First Floor, North Tower
Ramsey Lake Health Centre



**Part of
Forward to Function**



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Horizon Santé-Nord

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Health Sciences North
Horizon Santé-Nord

(disponible en français)

Overview

HSN Specialty Clinics provide specialized treatment for individuals with upper extremity injuries, and upper and/or lower limb amputations. The goal is to achieve maximum functional recovery and a safe and successful return to work.

Multidisciplinary Team

Our team members include but not limited to:

- Clinical Leaders, RN
- Medical Secretary
- Occupational Therapist
- Physiotherapist
- Prosthetist
- Registered Kinesiologist

Who Can Benefit?

Workers who have sustained a workplace injury to their upper extremity or have had an amputation of an upper or lower extremity. Also, workers who are currently in a community treatment setting and are no longer progressing; as well as those who have been unsuccessful in returning to work, or have been off work for a prolonged absence will benefit from our specialized acute/sub-acute and worker rehabilitation treatment services.

Who Can Refer?

Referrals are received from the Workplace Safety and Insurance Board (WSIB). Health Care Practitioners and Providers can also initiate the process by recommending to the WSIB that a referral be facilitated to the HSN Specialty Clinics for assessment and treatment.

Objectives

- Return to functional activities both at home and at work
- Improve pain and symptoms as well as increase strength
- Determine function and identify limitations and/or restrictions to assist in a successful and safe return to work



Treatment Components

Our specialized treatment programs include a combination of approaches as appropriate to the individual's care needs:

- Acupuncture / Dry Needling
- **Acute/sub-acute treatment(1.5 hrs/ session)**
- **Custom splinting / bracing**
- Functional testing
- **Glove & gauntlet fitting**
- **Hand dominance transfer training**
- Hands on treatment (Soft tissue release)
- Home exercise aids available ie. Resistance bands, putty
- Home exercise program
- Hot/cold therapy
- Hurt vs. harm education
- **Hydrotherapy (at the HSN therapeutic pool)**
- Individualized active exercise programs
- **In home assessment and treatment**
- Kinesio taping and other specialized techniques
- Make recommendations/facilitate provision of assistive devices as needed
- Modalities such as IFC & ultrasound
- Paraffin wax treatment
- Pre and post operative education and treatment
- Weekly exercise progression
- **Work hardening (3 hrs/session)**
- **Work simulation tasks**
- **Workshop**